

Sun Safe Policy

To protect the Tuakau Learning Centre community from over exposure to the sun and heat, the following shall apply:

- 1 Children will be encouraged to play under the shade between 10:00am and 4:00pm during months where the UV level is high (as researched by management and staff).
- 2 Staff will apply sunscreen to the younger children (Infants and Toddlers), and will supervise application of sunscreen for Preschool children, prior to them going outside. 9.00 - 9.30 1st application, and an application after lunch (Be aware of children arriving outside these times)
- 3 The main play areas are fitted with a heat pump air conditioning system, and are heated or cooled relevant to the season.
- 4 The outdoor area will be shaded by trees or sun shades. During the months of higher UV, shade cloths will also be used in areas where children will be sitting/playing for long periods of time (i.e. over sandpits). Umbrellas and/or portable shade cloths will also be used to shade children eating/playing outside.
- 5 Children will wear sun hats and sunscreen of at least SPF 30 whilst outside during the months of increased UV level.
- 6 Children will be regularly provided with water for fluid replacement. These will be given to children at Morning Tea, Lunch, and Afternoon Tea and as required in between these times.
- 7 The water will always be available to Preschool Children for fluid replacement during free play times. Infants will be supplied with water from the kitchen or kitchenette.
- 8 During trips and social occasions, liquid refreshments will be provided, sun hats will be worn and sun block will be applied. Children will be in shade wherever possible/practical.
- 9 Staff will act as positive role models by wearing sunhats and sunscreen when outdoors. Sun hats for staff are provided by the centre.
- 10 Singlets/straps don't offer as much protection from the sun, so clothing with short sleeves/caps is preferable for children and will be encouraged.
- 11 Staff will also role model appropriate sun safe clothing. A uniform provided by the centre will be suitable sun smart clothing which is to be worn at all times.

Next Review Date: *October 2024*

Signed: _____